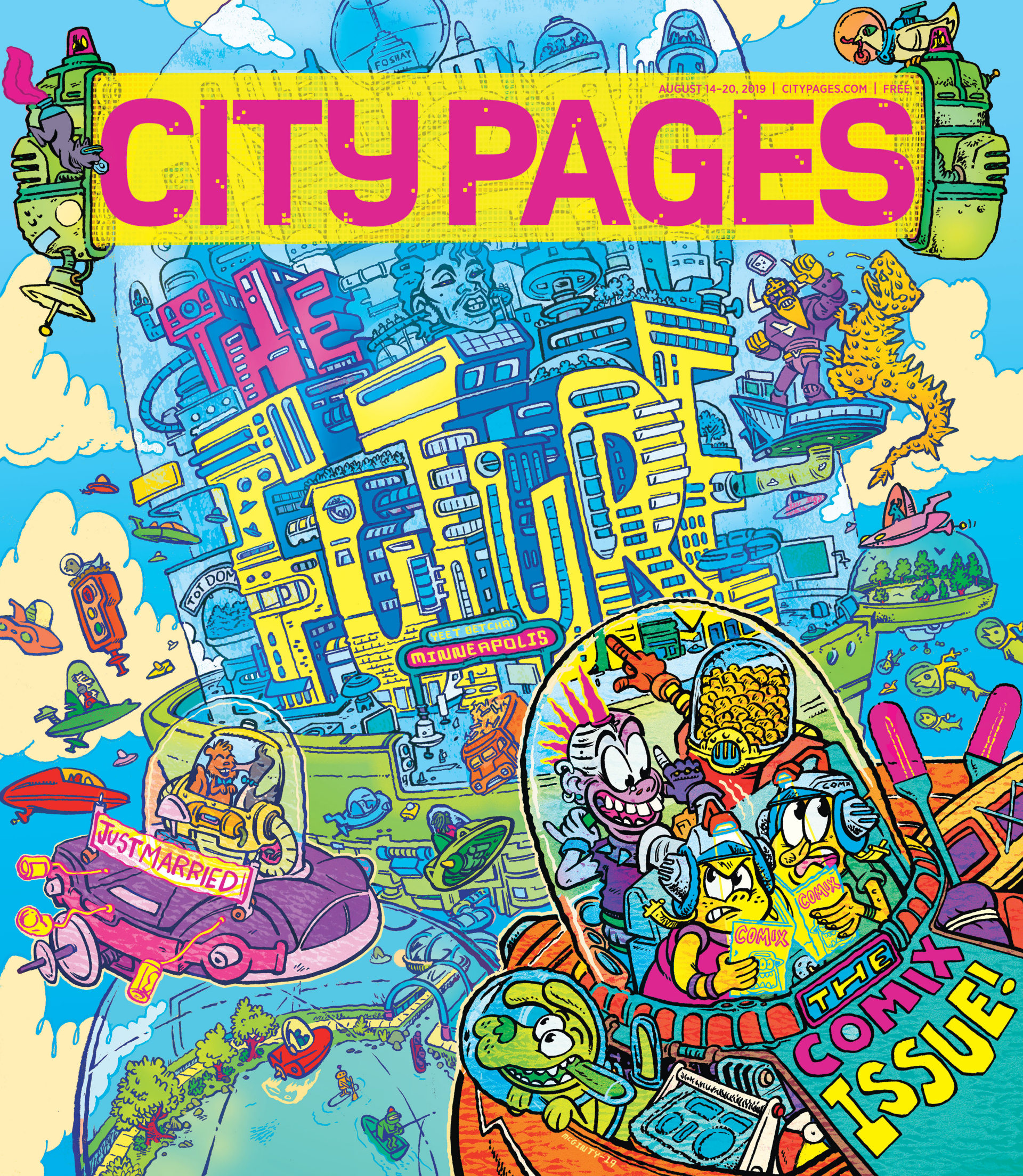
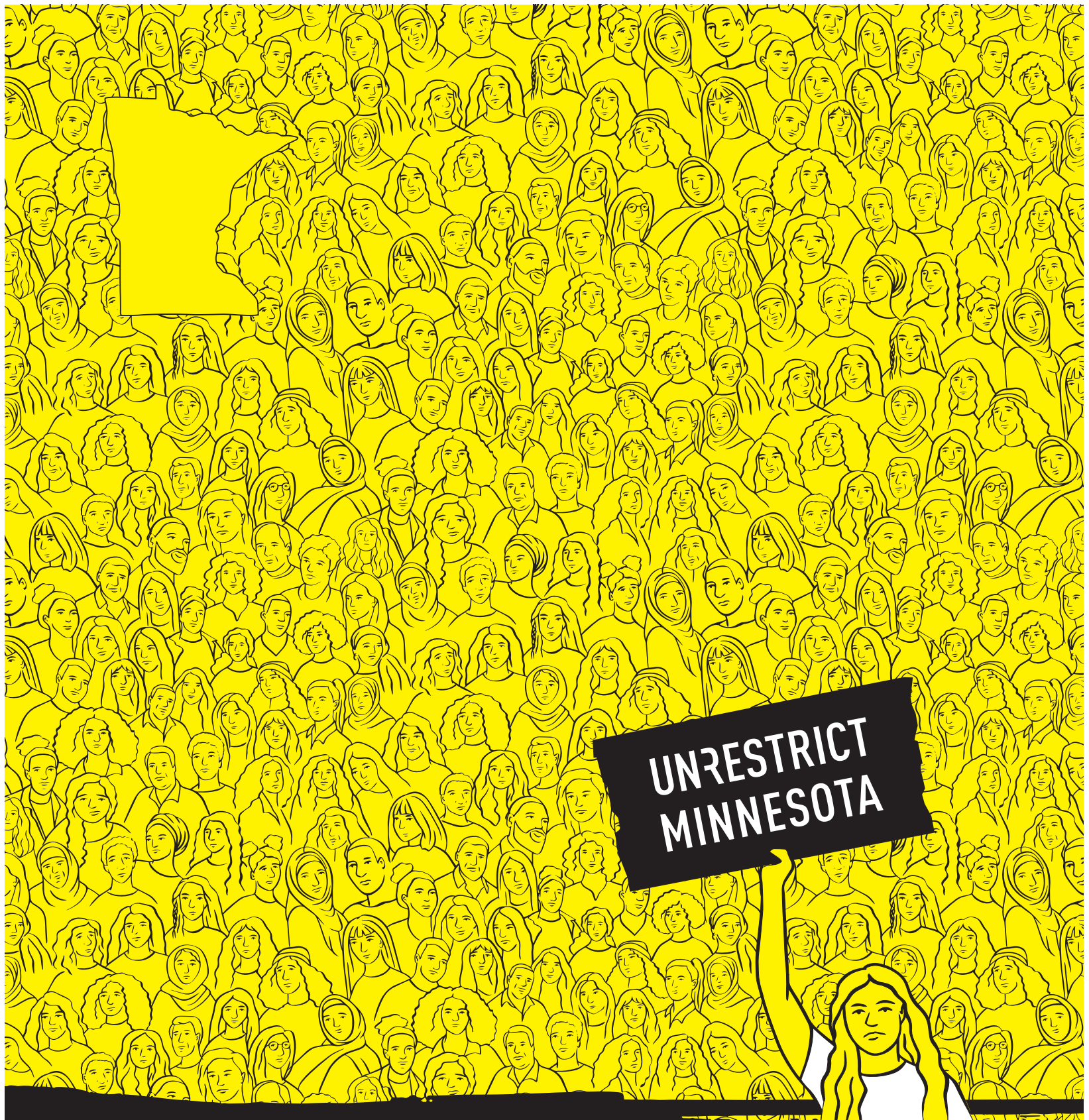


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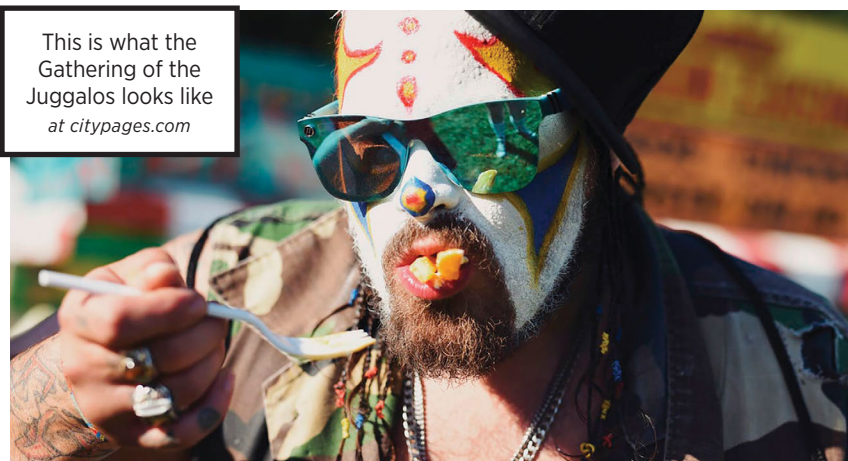
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THE SHORTLIST

This is what the
Gathering of the
Juggalos looks like
at citypages.com



ANDY BOTHWELL

THE STAT SHEET

500

Number of people cited by the State Patrol in the first week of Minnesota's new hands-free driving law

18%

Decline in Minnesota's approval rating of Donald Trump since he took office, according to Morning Consult

112

Age of a bigmouth buffalo fish caught near Pelican Rapids, believed to be the oldest fish ever recorded in Minnesota

1

Number of Minnesota dairy farmers who go out of business each day due to plunging milk prices

**"They are hipster hieroglyphics.
It leads to the holy growler."**

Reader Jim Nelson responds to "Hey, what's the deal with those strange symbols in the sidewalks outside Bad Weather Brewing?" at citypages.com.

IS GUN CONTROL COMING?

SENATE REPUBLICANS have impressively barred any attempt at gun reform in Minnesota. But their ardor may soon weaken, if only due to pure self-interest.

Fifty-five percent of U.S. Republicans now favor a ban on assault rifles, according to Politico. The numbers are even higher among suburbanites, who can no longer reconcile the drumbeat of mass murder with their party's unwillingness to take the smallest steps to halt it.

Even in Texas, suburban congressmen are resigning after seeing no hope of reelection. Throw in the flourishing distaste among women for Donald Trump and the GOP in general, and Minnesota Senate Majority Leader Paul Gazelka may have no choice but to give up his stonewalling—if only for the sake of Paul Gazelka.

POPULAR STORIES AT CITYPAGES.COM

Holy shit look
at this **DEER**

Republican candidate
DANIELLE STELLA BOOTED
from Minneapolis' Seward Cafe

Kris Lindahl's giant
MINNEAPOLIS TRAIN ADS
are scaring the internet

DONALD TRUMP'S
support in Minnesota
is plummeting

**5 SOBER MINNESOTA
MUSICIANS** on
kicking addiction and
rediscovering creativity

LAUGH IT OFF NO MORE

An executive claims she was fired for reporting CEO's comments about her butt

Last November 30, Stacey Stein was trying to have a good time at her office Christmas party. She had been the director of business development and marketing for Fang Consulting, a medical device consulting firm in Minneapolis, since the previous summer. She thought it was going well.

But in December, she got a call from some colleagues asking her if her boss, CEO Tracy Eberly, had done anything to make her upset that night. Apparently, Eberly had been overheard at the party saying Stein had a "fat butt."

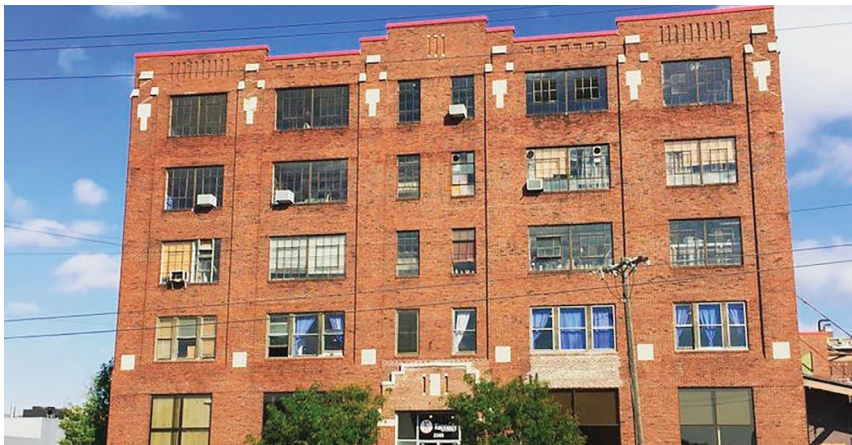
Stein wasn't exactly surprised. Back in 2007, Eberly commented on Anti-Strib. com (an anti-Star Tribune blog) to compare Native Americans to "the entire animal kingdom, but that would be an insult to beavers." Nor had it been the first time he said something about Stein's butt, accord-

ing to a lawsuit filed in Hennepin County District Court.

In October, while they were at a business event in Costa Rica, Eberly "bluntly" asked her if she knew she had a "big butt" in front of a coworker, the suit alleges. She tried to laugh it off, but asked him not to focus on her body, which had "nothing to do with" her "intellect or ability."

Two months later, the two were at a conference in California. Stein had forgotten to pack underwear. She needed Eberly to take her to the store so she could buy some. He allegedly asked her if she really "needed" a bra.

According to the complaint, she told him later that night that she had considered leaving the company because of the way he'd treated her, and the bawdy way he talked to clients. She felt like he could do some "significant damage" to Fang and its reputation if he didn't "watch himself."



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She told human resources as much when they called about the Christmas party, and she was assured staff would "discuss" this with him. But over the next few days, the complaint says, Eberly was uncharacteristically cold to her. In early January, she called to ask why he'd been "treating [her] like shit recently."

"Well, I'm busy," he allegedly told her.

The next day, Stein was fired. It was only 10 business days after she'd confided in human resources.

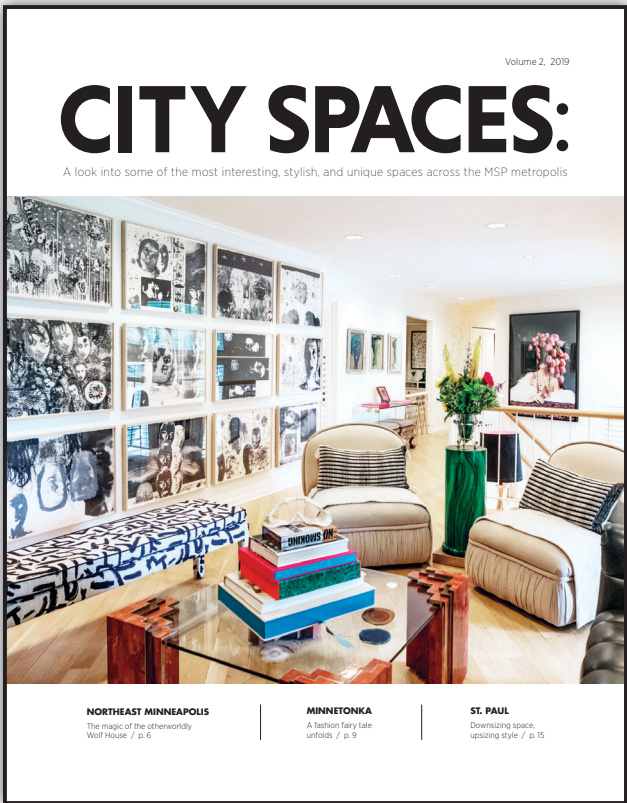
According to the complaint, Stein was

told she wasn't hitting her sales goals and wasn't targeting the "right clients." But she claims she was on target to hit her 2019 goal, and hadn't heard any concerns about her work until that moment.

Later on, the complaint says, Fang claimed Stein had been fired out of "business necessity" and mentioned nothing about her sales goals. But Stein believes she was fired because she complained about Eberly's behavior.

Eberly declined to comment.

— HANNAH JONES



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COMIX ISSUE



THE FUTURE

For the latest edition of City Pages' Comix Issue, we asked local artists to consider what the Twin Cities will look like in the year 3000. While some takes on the future are pretty grim, the overall opinion seems to be that we'll still have that Minnesota flavor.

COVER ART BY BRAD MCGINTY



THE JERKS

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NOTHING BUT HEMP

Does CBD have benefits for PMS?

At least 75% of women face pre-menstrual syndrome symptoms as a part of their regular life and cycle.

Though these symptoms range by individual, they include painful cramps, light-headedness and fatigue. While so many seek relief, new hype for CBD is showing promise to help solve an ageless problem among women.

New brands and products since the 2018 legalization seem to have drawn women all around the United States who have attested to its helpfulness, though further scientific inquiry is still worthwhile as with many of the potential uses of CBD.

According to reporting from the Chicago Tribune, over 150 symptoms of PMS, including bloating and insomnia, have been documented by women. In most cases, treatments for PMS symptoms have been to simply wait it out, which for most is... unsatisfying, to say the least.

While some women get off with relatively short PMS windows in the five-day range, others face 11 days or more of PMS symptoms per month. Those days of unrest and occasionally of agony add up, and there's a reason CBD is something people are willing to try out.

CBD and other cannabis products have shown in studies of animals the potential to ease inflammation, which many cite as a cause of body aches and chronic pains often associated with PMS.

According to Moody Month, CBD is used by many to manage emotional and mood swing issues that so many face during their PMS.

"When I first started using CBD, it was game changer," New York executive Karla Vitrone told Moody Month. "It works really well when you're ovulating and feel a bit more anxiety. I found that it helped me totally switch off and transition to night. It makes you feel totally relaxed and has none of the side effects of marijuana, which was my biggest fear as I have a small child and I didn't want to feel 'high' or have negative side effects. It's really subtle."

Many choose to use it as a non-invasive and all-natural alternative to frequently expensive pharmaceuticals with lists of side-effects a mile long. Other studies suggest CBD's potential for managing symptoms from anxiety and depression, according to the Chicago Tribune, common symptoms of PMS.

According to Leaf Science, CBD also helps to soothe the acne symptoms many face during the surging hormones that make up the PMS bout. Many women who don't like the high brought on by marijuana may like to try out the offerings of CBD, which don't get their users high, Dr. Judie Holland told Leaf Science.

Experts advise starting with low doses and then building up over time to see the results desired.

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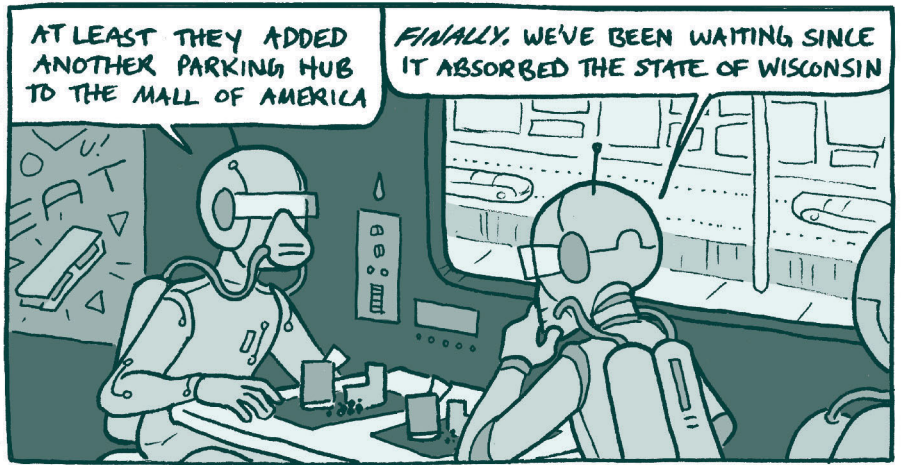
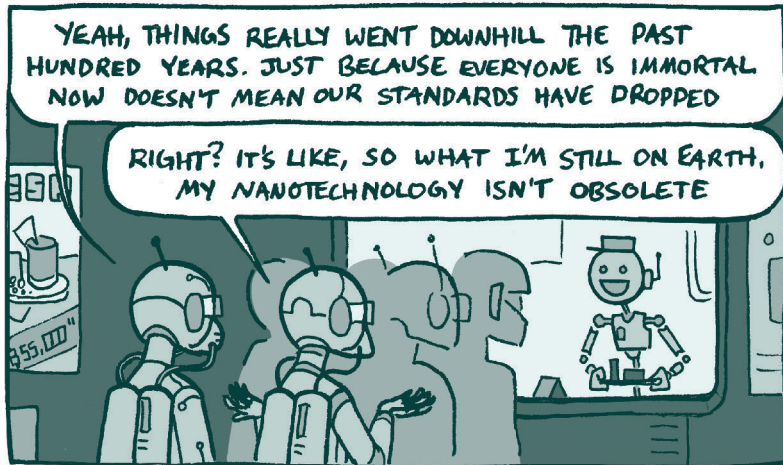
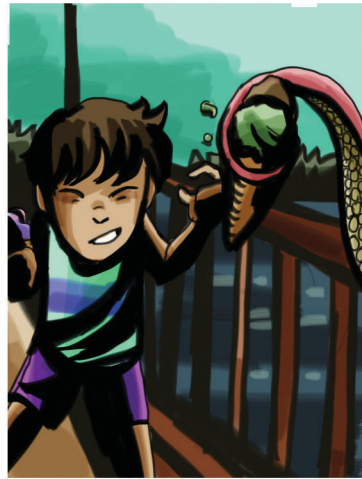
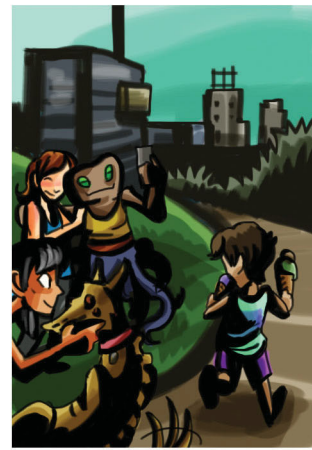
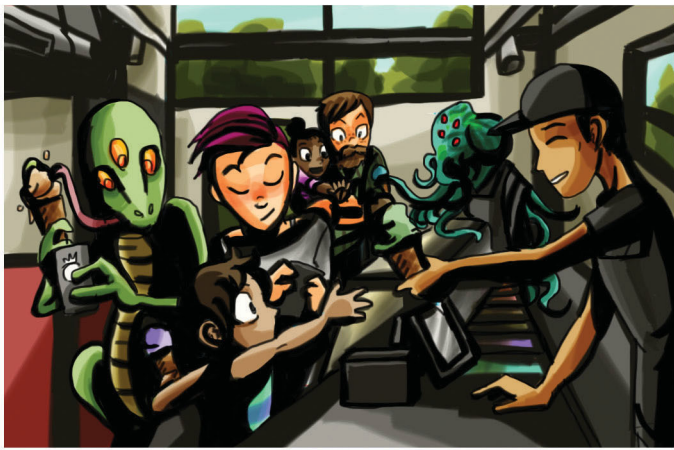
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ALEC SOTH:
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Alec Soth, American (b. 1969), *Adelyn, Ash Wednesday, New Orleans, Louisiana*, (2000) chromogenic print, (detail).
Lent by the Minneapolis Institute of Art, The Alfred and Ingrid Lenz Harrison Fund.

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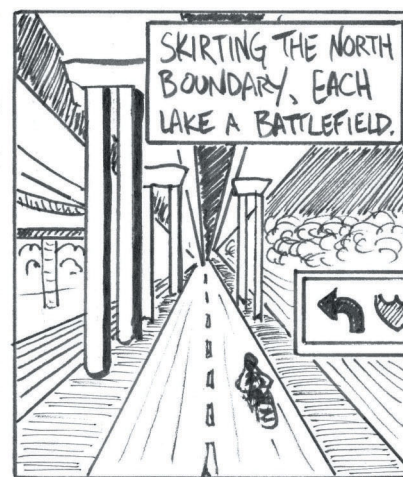
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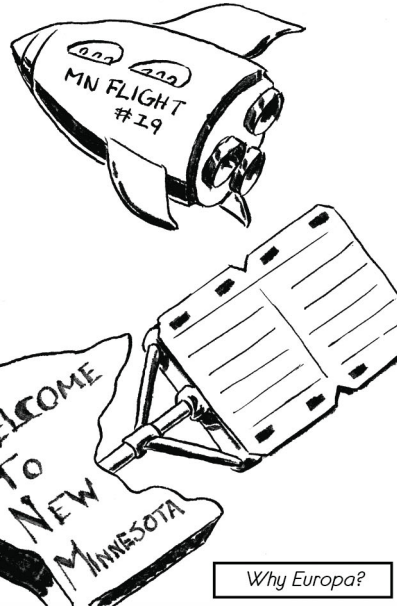
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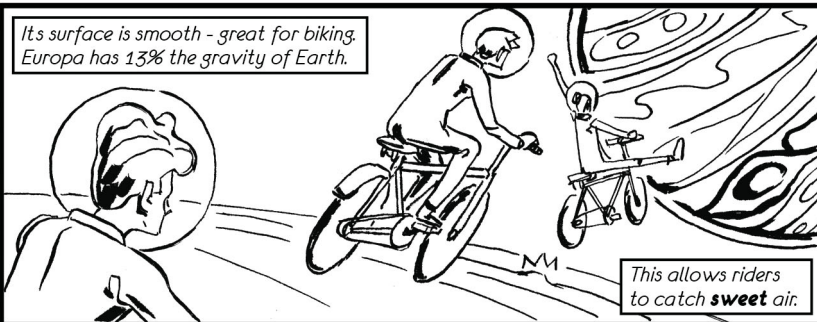
LEVEL 4 EAST, MALL OF AMERICA

In previous centuries, **Minnesotans** fled to the Pacific Northwest and Gulf Coast when trying to escape the Midwest.

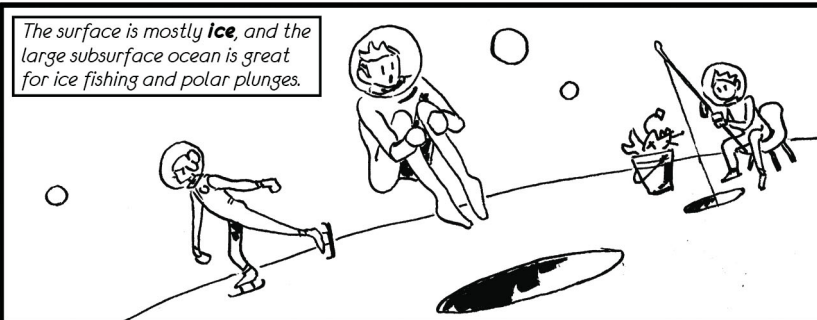
In the space-faring age, they escaped to **Europa**, the second Galilean Moon of Jupiter.



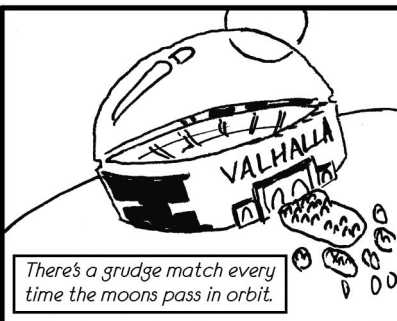
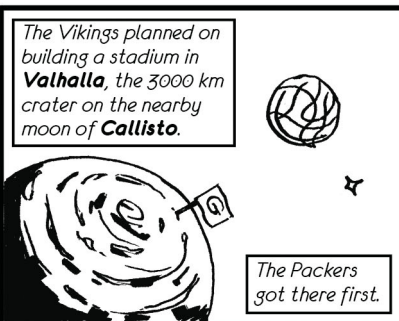
Its surface is smooth - great for biking. Europa has 13% the gravity of Earth.



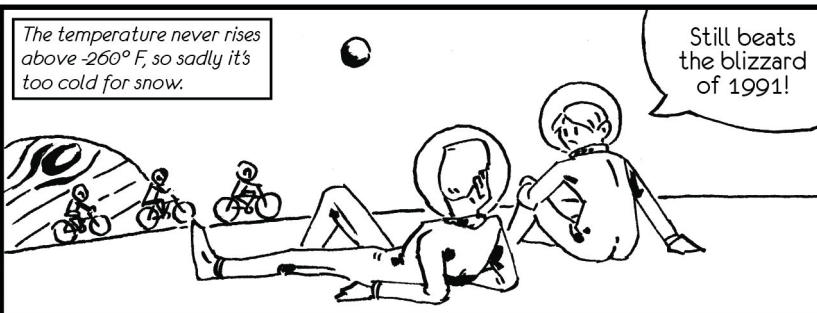
The surface is mostly **ice**, and the large subsurface ocean is great for ice fishing and polar plunges.



The Vikings planned on building a stadium in **Valhalla**, the 3000 km crater on the nearby moon of **Callisto**.



The temperature never rises above -260° F, so sadly it's too cold for snow.



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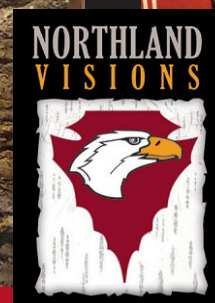
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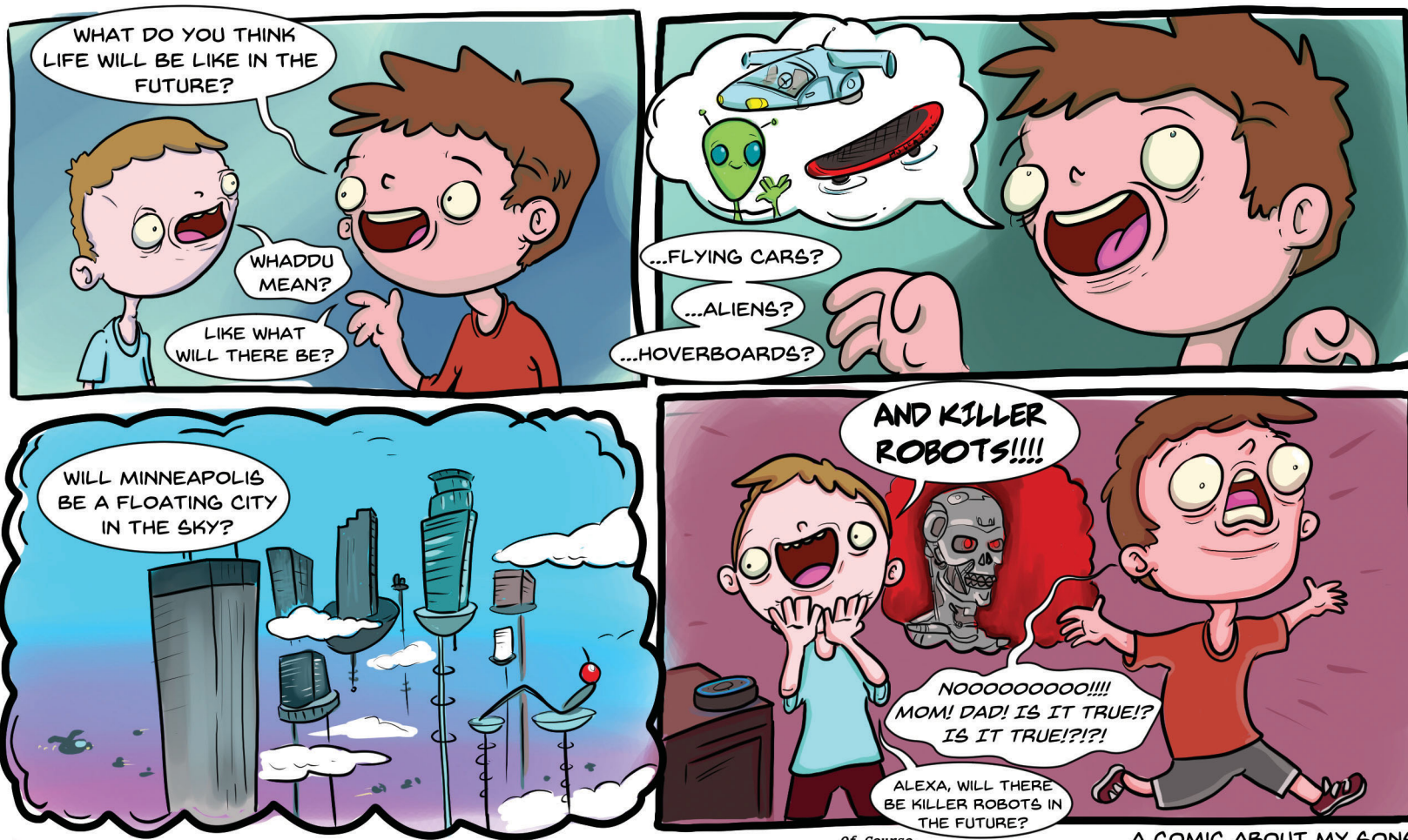


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BY CHARLIE GILLMER

For years we've known Minneapolis is a great biking city. But recently, it's also moved toward the top of the list of the best vegan cities in the United States. This begs the question: How do we fare as a vegan biking city?

To investigate the overlap, I patronized seven vegan restaurants across the Twin Cities via bicycle to eat breakfast, a mid-morning pastry, brunch, lunch, a mid-afternoon snack, dinner, and dessert, all without touching a car or public transit. I rode through Minneapolis and St. Paul; the cities are so closely related that a vegan and/or biking experience in one can't exist without the other.

I left my home in northeast Minneapolis for my first stop just across the river, at **Rise Bagel Co.** at Third Street and Sixth Avenue North. By far the best part of biking to Rise is the convenience, when finding car parking in the North Loop often takes longer than eating your meal.

All of Rise's bagels are vegan, and they have a selection of four vegan spreads. The bagels are the perfect ratio of crispy and chewy, and a vegan cream cheese is easily mistakable for the real deal. I chose a rosemary bagel with scallion cream cheese, neither of which went light on flavor.

For my mid-morning pastry, I visited **Vegan East** on 24th Street and Lyndale Avenue South. Getting there meant weaving toward Hennepin, cutting through Loring Park, and heading to Bryant Avenue. Biking let me avoid the disastrous Hennepin/Lyndale/94/Walker Art Center intersection, and as far as bike boulevards go, Bryant is one of the best around. It's narrow and full of parked cars, but traffic is very light. Bryant's biggest danger is looking away from the road to admire the Replacements' *Let It Be* house.

At Vegan East, they offer some nicer cakes and cinnamon rolls, but I went with the pop tart. Softer but just as sugary as the name-brand version, it will likely exceed the standards of any longtime toaster pastry fan.

Minneapolis is the city that gets most of the vegan and biking press, which is unfair to St. Paul. The state capital may not be full of plant-based restaurants and bike paths, but it's not exactly void of them. Sure, J. Selby's gets lots of love, but places like Eureka Compass Vegan foods (a combined grocery store and restaurant) and Evan's Organic Eatery in the skyway receive lamently little press.

Today was my chance to visit those lesser-known contributors.

PLANT-BASED PEDALING

A vegan bike tour of the Twin Cities



LUCY HAWTHORNE

I headed toward downtown St. Paul via the Midtown Greenway, a personal favorite route for cycling, before shifting to Lake Street/Marshall Avenue once I reached the river.

As you start on Marshall, there's a nice bike lane that's incredibly smooth with nothing more than gradual hills. Heading east, I was betrayed by this smoothness when I crossed Lexington Parkway. If you like your teeth better when they aren't rattling out of your mouth, head over to Selby to finish your journey.

Even with its numerous one-ways, limited bike lanes, and slanted grid, downtown St. Paul isn't too daunting for outsiders. It's also self-contained enough that biking to your destination is relatively stress-free, regardless of your route.

What at first looks like a standard food-court lunch cafe at skyway level is actually **Evan's Organic Eatery**, a fully vegan

restaurant serving breakfast and lunch. I chose a sausage breakfast sandwich. It was great—clean and hearty, stacked with greens, onion, tomatoes, some Herbivorous Butcher sausage, and Brake Bread bread. And that's to say nothing of the friendly service; they'd taken down the breakfast menu but let me order from it anyway.

There's no perfect exit strategy from downtown St. Paul. Taking the Green Line back to Minneapolis would have been easier, and safer, but it's hard to top the satisfaction of biking from one downtown to another.

I ended up on University Avenue. It's a major thoroughfare, but wide enough and well paved, so you could do worse. Still, I headed toward Marshall as quickly as possible, arriving one block too soon and jarring my skeleton loose again before coasting back into Minneapolis.

When I returned to the Midtown Greenway, I remembered that there's no such thing as a perfect bike route as the wind picked up en route to **Seed Café**, just past Bde Maka Ska. At this point in the day nothing I'd eaten would really make a vegan-doubter turn their head. Seed is a little different, with salads, rice bowls, and smoothies populating the menu.

But those who'd derisively call it "hippie food" would have a hard time saying anything bad about the Grown Up Grilled Cheese. With kimchi and fermented chili sauce, it's still pretty stereotypically vegan, but those ingredients added a welcome zing and crunchier texture to an old standard.

By now it was mid-afternoon snack time from **Dulceria Bakery** on 42nd and Cedar. Nearby 36th Street was smooth and open enough to bike most of the way—definitely a good route for crossing 35W, taking me through quieter neighborhoods for a change of pace.

The meal was even better than the biking. It had slowly become a hot day, and my mango concha was delicious and refreshing, loaded with its fruit filling. The horchata surprised me too; the first time I tried horchata was in high school and I thought it tasted like a candle—not this time. The cinnamon is welcome in a cool drink, too.

With time to kill before dinner at **Trio Plant-based** on Lake Street and Lyndale, I meandered about the lakes after riding the RiverLake Greenway back toward Uptown. I ordered Trio's soul food platter with ribs, collard greens, and mac & cheese. The mac & cheese was my favorite; its creamy fake cheese imparted top-notch flavor without feeling gross. The ribs, while tasty, are fairly dense, so on this long, hot day I struggled to finish them.

Reversing my morning route home to Northeast brought me to the fully vegan **Crepe & Spoon**. Nearly all their flavors are unique, but I opted for a two-scoop cone of Orange Chocolate Chip and Avocado Lemon. Ice cream doesn't afford the luxury of time like Trio's ribs, so I sprinted to my finish. This might have been easier if I'd chosen the wider waffle cone instead of a sugar cone, but I'm smarter now than I was then.

As I reflected upon my day—biking roughly 50 miles, almost entirely in comfort, to eat at seven diverse restaurants—I concluded that the Twin Cities is a great vegan biking metro, where comfort need only be sacrificed when one's eyes prove bigger than one's stomach. **G**

ORDWAY **UP NEXT** AT THE ORDWAY



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THE 45TH ANNIVERSARY TOUR

AUG 16



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SEP 10-22

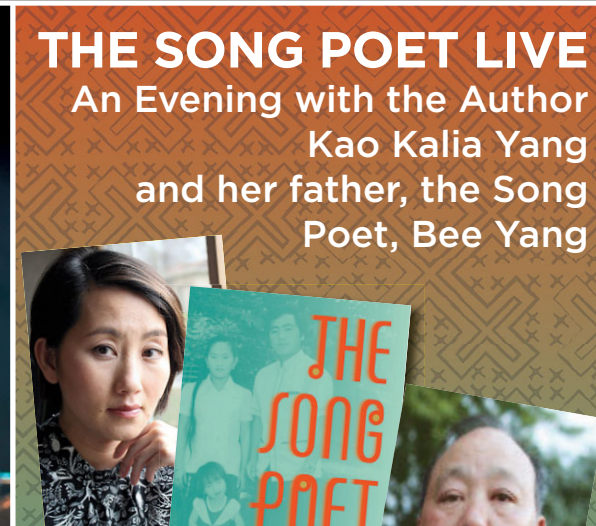
Classic Albums Live
presents

Led Zeppelin
IV



SEP 21

THE SONG POET LIVE
An Evening with the Author
Kao Kalia Yang
and her father, the Song
Poet, Bee Yang



SEP 22

KF KNIGHT
FOUNDATION



**BRIAN
McKNIGHT**
SOLO

OCT 4



GAELYNN LEA
WHEELCHAIR SPORTS CAMP • BILLY McLAUGHLIN • DJ FUNSIZE



OCT 5

KF KNIGHT
FOUNDATION **89.3**
the current



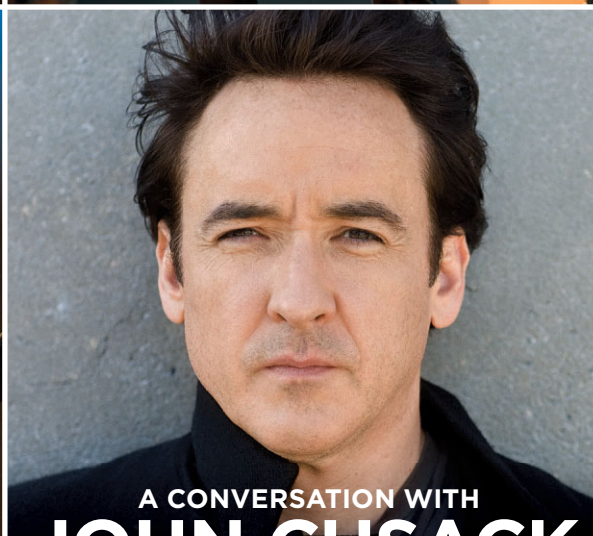
**FELIPE
ESPARZA**

OCT 11

SUGAR SKULL!
A Día de los Muertos
Musical Adventure



OCT 4



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OCT 15

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OCT 17-19

FROM THE GROUND UP:
A CELEBRATION OF HIP HOP CULTURE



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HIP HOP
CHOREOGRAPHERS'
EVENING: SPECIAL
EDITION
Featuring Tish Jones,
Carnage the Executioner,
and Desdamona

OCT 25

CARAVAN:
A REVOLUTION
ON THE ROAD
Terence Blanchard and
the E-Collective
Rennie Harris
Puremovement
Andrew Scott

OCT 26



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Improv Under Hypnosis

OCT 27

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FINE LINE

AUG 17



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FIRST AVENUE

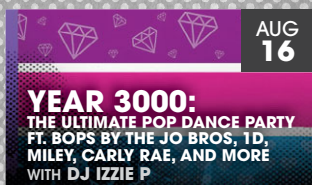
DEC 12

FIRST AVENUE MAINROOM



DENZEL CURRY
WITH ALLAN KINGDOM,
DENIRO FERRAR

AUG 15



YEAR 3000:
THE ULTIMATE POP DANCE PARTY
FT. BOPS BY THE JO BROS, 1D,
MILEY, CARLY RAE, AND MORE
WITH DJ IZZIE P

AUG 16



YOUNG v LIL v BABY
FT. TRACKS BY WAYNE, KIM, UZI
VERT, THUG, DABABY, AND MORE
WITH DJ BACH, ESPADA, GREENERY

AUG 17



**FLYING LOTUS
IN 3D**
WITH BRANDON COLEMAN
SPACETALKER, SALAMI ROSE
JOE LOUIS, PBDY

AUG 20



DIVALICIOUS:
90S LADIES NIGHT DANCE PARTY
WITH YOU OUGHTA KNOW
AND SLIGHTLY SHARP, DJ A-QUIL

AUG 24



BASSGASM 11
WITH DJ CRAZE, VASKI, THE
HORRORIST, DETROIT TECHNO
MILITIA, AND MORE

AUG 31



PURPLE VEINS
THE ESSENTIAL PRINCE TRIBUTE BAND
WITH SOUL TIGHT COMMITTEE

SEPT 06



**HOLD YOUR LADY
TIGHT NIGHT**
COUNTRY WESTERN DANCE PARTY

SEPT 07



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WITH nothing.nowhere.

SEPT 10



PENNYWISE
WITH ANTI-FLAG, H2O

SEPT 11

PALACE THEATRE



PHANTOGRAM
WITH BOB MOSES

AUG 25



TYCHO
WITH POOLSIDE

SEPT 13



**BRITTANY
HOWARD
OF ALABAMA SHAKES**

SEPT 19



**BLACKBERRY
SMOKE**
WITH THE RECORD COMPANY

SEPT 26



ANDREW BIRD
WITH MADISON CUNNINGHAM

SEPT 27

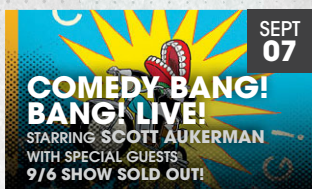
PALACE (CONT.)



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SEPT 07



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SEPT 22



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PERFORMS DARIO ARGENTO'S
DEEP RED/PROFONDO ROSSO

OCT 10



TEGAN & SARA

OCT 13

FINE LINE



THE ALARM
W/ MODERN ENGLISH, JAY ASTON'S
GENE LOVES JEZEBEL, DJ JAKE RUDH

AUG 14



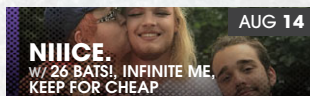
DRAB MAJESTY
W/ XENO & OAKLANDER, BODY OF
LIGHT, DJ JAKE RUDH

AUG 20



BARNS COURTNEY
W/ THE HUNNA

SEPT 03



NIIICE.
W/ 26 BATSI, INFINITE ME,
KEEP FOR CHEAP

AUG 14



THE HOOTEN HALLERS
W/ SLIM STONE,
RAINBOLT MOUNTAIN PROJECT

AUG 19



DOMINIC FIKE
W/ DEB NEVER

SEPT 04



HOT SNAKES
W/ DES DEMONAS, GREEN/BLUE

SEPT 06



STATIC PANIC
EP RELEASE
W/ JOHN CHUCK & THE CLASS, KAINALU

SEPT 07



HANK VON HELL
W/ SPIDERS

AUG 15



**AMY LAVERE
AND WILL SEXTON**
W/ MOLLY MAHER

AUG 20

TURF CLUB



TROUT STEAK REVIVAL
W/ THE COMMON GROUND COMPANY

AUG 14



APRIL MACIE
W/ BRANDI BROWN

AUG 15



CHERUBS
W/ BUILDINGS, CRASH CUDDLE

AUG 16



GAUCHE
W/ BRENDAN WELLS PLANT MUSIC,
HALF TRAMP

AUG 16



**KPW
LP RELEASE**
W/ VINNY CROOK\$, NIX MCKNIGHT,
VESSLE, LVNDSCVPES, & MORE

AUG 21



THUNDERPUSSY
W/ HOLLIS BROWN, SEABERG & THE
BLACK VELVET PUNKS

AUG 17



**GULLY BOYS
TOUR HOMECOMING PARTY**
W/ KITTEN FOREVER, GENDER CONFETTI

AUG 18



AMERICAN AQUARIUM
W/ CARL ANDERSON

AUG 21



BELL WITCH
W/ FALSE, LUNGS

AUG 18



**THE JACOB
JOLLIFF BAND**
W/ BLACK RIVER REVUE,
MAX GRAHAM (OF KIND COUNTRY)

AUG 22

AROUND TOWN



TUXEDO
W/ DJ BONICS
THE CEDAR CULTURAL CENTER

AUG 14



SHAKEY GRAVES AND DR.DOG
W/ CAROLINE ROSE
SURLY BREWING FESTIVAL FIELD

AUG 17



GLEN HANSARD
W/ OHMME
STATE THEATRE

SEPT 04



OF MONSTERS AND MEN
W/ LOWER DENS
SURLY BREWING FESTIVAL FIELD

SEPT 14



LESLIE STEVENS
W/ LAURA HUGO
icehouse MPLS

SEPT 18

A LIST

FRIDAY Mu debuts *Hot Asian Doctor Boyfriend* p.24

SATURDAY A food truck party in St. Paul p. 24

SUNDAY *Harry Potter* flicks at Brit's p. 27

WEDNESDAY 8.14

ART/PARTY

SILVER JUBILEE: 25TH ANNIVERSARY EXHIBITION

TEXTILE CENTER

The Textile Center celebrates a quarter-century with its latest exhibition. The show features 11 fiber artists who have all pushed the artform forward through weaving, stitching, dyeing, painting, and innovative manipulations. Two pieces by each artist will be shown. See these works at Wednesday's reception in the Joan Mondale Gallery. At the same time, the Textile Center will also be hosting a reception in the Studio Gallery for "Friends of Mary: Honoring the Legacy of Mary Giles." The local artist died last April. The show will include selections of Giles' works, photographs of her studio, and pieces paying homage to her art by nine of Giles' artist friends. The Center will also host a solo show of works by Insook Choi, a bojagi (traditional Korean wrapping cloth) artist. All three receptions are on Wednesday, August 14, and run from 5:30 to 7 p.m. 3000 University Ave. SE, Minneapolis; 612-436-0464.

Through October 19 —SHEILA REGAN

THURSDAY 8.15

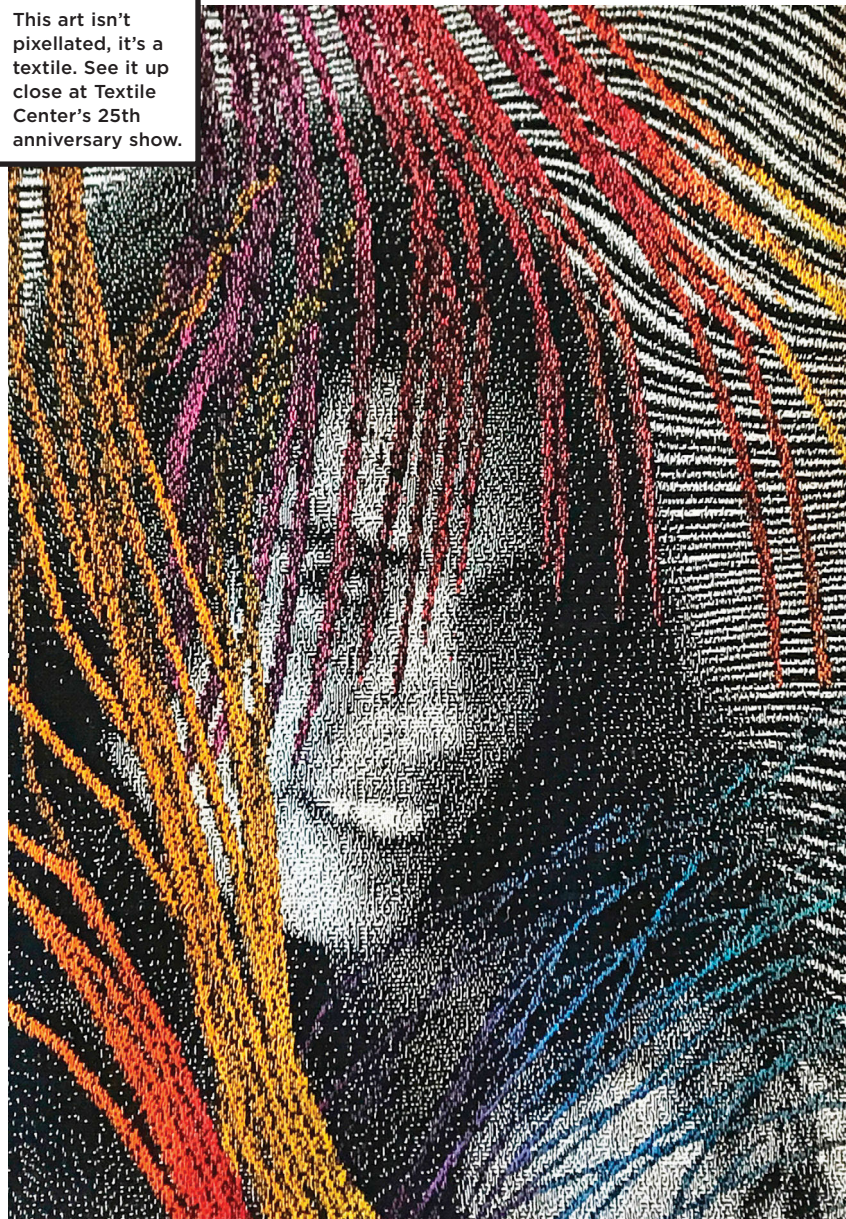
FILM

SOUND FOR SILENTS: FILM + MUSIC

WALKER ART CENTER

For the past few summers, the Walker Art Center has hosted a silent film screening on its grassy hill outside. This Thursday, a selection of pieces from the museum's Ruben/Bentson Moving Image Collection will screen. They're mostly newer works; four out of five shorts were made in the past decade. Amir George's "Shades of Shadow" is a psychedelic trip into spiritualism, while Sondra Perry's two pieces, "Double Quadruple Etcetera Etcetera I & II" and "Black Girl As a Landscape," feature experimentations with Photoshop and explorations in black femininity, respectively. "Meditation on Violence"

This art isn't pixellated, it's a textile. See it up close at Textile Center's 25th anniversary show.



LIA COOK

(1948) by Maya Deren follows the movements of a Chinese boxer in a style reminiscent of dance footage. It's all set to a newly commissioned score performed live by Twin Cities-based funk, soul, and hip-hop collective Astralblak, who also curated the night's selections. Food trucks and drink vendors will be on hand, and DJs Sanni Brown and Sean McPherson will spin tunes. Find more

details at www.walkerart.org. 8:30 p.m. Free. 1750 Hennepin Ave., Minneapolis; 612-375-7600. —JESSICA ARMBRUSTER

COMEDY

JOE LIST

ACME COMEDY CO.

Joe List is a true road warrior. Based in New York, he runs between shows in the Big Apple during the week, then

travels to headline clubs across the U.S. "It's a lot of stories," he explains of his set. "There is a lot of travel stuff, some one-liners, and then just regular bits. It's a lot of jokes. The stories are very jokey. I'm desperate for laughs, so I get as many punchlines as I can get in there." Being on the road so much, as well as doing short gigs in New York, List experiences a lot of turnover in his set. "I think it's less than some but more than most." It's not that he's consciously trying to build a new hour every year, but he tries to create a new 45 minutes on an annual basis. "You get tired of some jokes, and new stuff just comes up," he explains. 8 p.m. Thursday through Saturday; 10:30 p.m. Friday and Saturday. \$20. 708 N. First St., Minneapolis; 612-338-6393.

Through Saturday —P.F. WILSON

BEER

BAKKENALIA: ON TAP

BAKKEN LIBRARY AND MUSEUM

Summertime is for outdoor parties. This Thursday, the Bakken is getting in on this tradition. On the rooftop, revelers will find a variety of craft beers on tap. Order up a pint or do some sampling from the likes of Able Seedhouse, Bauhaus, Surly, Modist, Number 12 Cider, Tin Whiskers, Torg, and Pryes breweries. Downstairs, you'll find the galleries and gardens open for all to explore. Current exhibitions include deep dives into local inventor breakthroughs in the medical field, and a look at how we view plants and wellness in the modern era. There will also be talks this evening on how beer and breweries influence science and help us become more ecological. Food will be sold from Eat Street Social, and music will be provided by Joseph Berg and Ar.birn. Find tickets at eventbrite.com. 21+. 5:30 to 9 p.m. \$20; free for Bakken members. 3537 Zenith Ave. S., Minneapolis; 612-926-3878. —JESSICA ARMBRUSTER

COMEDY

TREVOR WALLACE

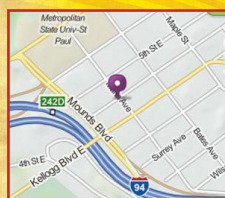
RICK BRONSON'S HOUSE OF COMEDY

Trevor Wallace's entry into the world of standup comedy came via the internet.

CONTINUED ON PAGE 24 ►

Duke's Cars & Towing

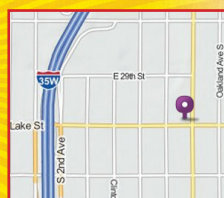
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A-LIST

THURSDAY

MOVIE

THE ROOM WITH TOMMY WISEAU

LANDMARK'S UPTOWN THEATRE

When *The Room* came out in 2005 in a small group of theaters in California, audiences immediately fell in love with its crappiness. Written, directed, and funded by Tommy Wiseau, the film follows Johnny, an all-American investment banker (played by a thickly accented Wiseau) who finds himself in a love triangle with his heartless fiancée and his naive best friend. But the plot doesn't matter, because what really touched audiences was the shitty acting, the nonsensical dialogue, and the bizarre editing. Why are they playing football in tuxedos in an alleyway? Why are there pictures of scissors in the background? Why is that woman so casual about having cancer? What's up with that drug dealer subplot? We'll never know, and that's what makes it so funny. See it this weekend at Uptown Theatre, where Wiseau himself will be stopping by to greet fans. 10 p.m. Thursday; 11:55 p.m. Friday and Saturday. \$20. 2906 Hennepin Ave., Minneapolis; 612-823-3005. **Through Saturday** —JESSICA ARMBRUSTER



WISEAU-FILMS

CONTINUED FROM THURSDAY ►

While a student at San Jose State University, he started making videos and posting them on the now-defunct platform Vine. Many of his videos went viral, and as of last year he had a total of over 300 million combined views. Onstage, much of his set deals with his experiences as a dude in his late 20s. "I took this girl on a fourth date," he says, "to a nice restaurant: two dollar signs on Yelp." There, he made a shocking discovery. "I found out that my date pronounces the 'L' in salmon. The waiter walks by and she asks, 'How is your salmon?'" The waiter looked at her, then Wallace, then her again. "I thought, 'The waiter is on my team.'" The waiter matter-of-factly told Wallace's date that the salmon, pronouncing it correctly, was great. "Sal-mon it is!" she said, and asked Wallace what he thought. "I want to get laid. So I said, 'I'll have the sal-mon too!'" 7:30 p.m. Thursday and Friday; 9:45 p.m. Friday; 7 p.m. Saturday and Sunday; 9:30 p.m. Saturday. \$16-\$23. 408 E. Broadway, Mall of America, Bloomington; 952-858-8558. **Through Sunday** —P.F. WILSON

FRIDAY 8.16

THEATER

HOT ASIAN DOCTOR HUSBAND

MIXED BLOOD THEATRE

Influenced by contemporary playwright Leah Nanako Winkler's own experiences of growing up in such seemingly disparate locations as Kamakura, Japan, and Lexington, Kentucky, *Hot Asian Doctor Husband* follows Emi, a twentysomething biracial woman whose free-spirited existence is shaken by the sudden death

of her Japanese mother. Reeling from the loss, Emi resolves to honor her mother's heritage by breaking up with her long-term white boyfriend for a chance at romance with a stereotypical ideal, the titular hot Asian doctor. What follows is a rollicking upending of cultural conventions and racial tropes, reinforcing the notion that personality is too peculiar to ever be relegated to rote social expectations. Under the skillful direction of Seonjae Kim, this world premiere rom-com from Theater Mu boasts a standout cast headlined by Meghan Kreidler with supporting turns by Damian Leverett, Eric Sharp, and Sun Mee Chomet. Find tickets and more details at www.theatemu.org. 7:30 p.m. Wednesdays through Saturday; 2 p.m. Saturdays and Sundays. \$35. 1501 Fourth St. S., Minneapolis; 612-338-6131. **Through September 1** —BRAD RICHASON

SATURDAY 8.17

BEER

SUMMER BEER DABBLER 2019

CHS FIELD

Whether it's the frigid Winter Dabbler, the baseball stadium-set Summer Dabbler, or the friendly Pride Dabbler, each Beer Dabbler installment celebrates the craft beers that capture Minnesota's ever-changing brewery scene. The biggest of the three, Summer Dabbler, will feature more than 130 breweries sharing their creations on the CHS outfield. Dabblers aren't just about beer, though. There's also live entertainment; this installment will include local rockers the Bad Man, the Shackletons, and DJ Leif. Stadium eats will be offered from

First Ave gig pics are on display this weekend.



IMAGE COURTESY EVENT ORGANIZERS

the venue itself. Tickets and more info can be found at beerdabbler.com. 21+. 5:30 to 9 p.m. \$50-\$70; \$20 designated driver. 360 N. Broadway St., St. Paul; 651-266-6400. —LOREN GREEN

FOOD

ST. PAUL FOOD TRUCK FESTIVAL 2019

MEARS PARK

This summer, the food trucks have had their day in Uptown Minneapolis and downtown Anoka. Now they're heading to Lowertown St. Paul for a Saturday of eats, entertainment, and beer in Mears Park. You'll find over 40 trucks in the park serving up tasty treats like cheeseburgers, mini doughnuts, fried fish, tacos, ice cream, pizza, and pork in pretty much every possible form. Lawn games like cornhole and a giant Connect 4 will entertain folks of all ages, and bands like Jacuzzi Puma, Riverside Hitmen, and Alex Rossi will take the stage. Wash it all down with a drink from one of the beer or cider vendors. Noon to 10 p.m. Free. 221 E. Fifth St., St. Paul. —JESSICA ARMBRUSTER

ART

FIRST AVENUE POSTER FAIR

MINNESOTA HISTORY CENTER

Way back when, gig posters were created to get the word out on shows. In the modern era of Facebook event pages, Google alerts, and online calendars, however, gig posters continue to have purpose. Although they were always valued as mementos of past shows and sought after as collectible items, that's even more true nowadays, as venues and bands often team up with printmakers of note to commemorate a show. Over

the years, a bevy of local artists have created posters for shows at First Avenue. That includes Aesthetic Apparatus, who have been making works for the venue for the past 12 years; Squad 19, with tributes including Hank III and Animal Collective; and Miss Amy Jo, who has created works for shows like Joan Jett and the Blackhearts, Electric 6, and the Gossip. Other artists include DWITT, TOOTH, Flora Fauna, and Lonny Unitus. Check out all their rad work at this special event. See something you like? Art will be available to take home. The party will also include tunes from DJ Danny Sigelman and hands-on demonstrations, as well as access to the museum's current show, "First Avenue: Stories of Minnesota's Mainroom." 11 a.m. to 3 p.m. Free with museum admission (\$6-\$12). 345 W. Kellogg Blvd., St. Paul; 651-259-3000. —JESSICA ARMBRUSTER

TALK

SMALL TOWN MURDER

PANTAGES THEATRE

Looking into torrid tales of misbegotten schemes and toxic passions, comedians James Pietragallo and Jimmie Whisman tapped into a wellspring of gallows humor with their morbidly compelling podcast, *Small Town Murder*. The podcast, launched in 2016, has long since evolved beyond a niche audience, amassing a large enough following to support sold-out national tours. These live performances showcase not just meticulously researched tales of homicidal misdeeds in off-the-map locales, but also the charismatic chemistry of two comics who derive cathartic laughs from the most atrocious of crimes. Guided by a principal never to mock the

CONTINUED ON PAGE 27 ►

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A-LIST

CONTINUED FROM SATURDAY ►

victims, Pietragallo and Whisman steady their focus on the utterly bizarre circumstances and off-kilter personalities at the heart of these ghastly deeds. The two comics can come across like amicable lecturers recounting a particularly seedy survey into the dark side of rural Americana, driving home the notion that truth is not only stranger than fiction, but considerably more gruesome. 8 p.m. \$35-\$65. 710 Hennepin Ave., Minneapolis; 612-339-7007. —BRAD RICHASON

ART/MUSEUM

STRONG WOMEN, FULL OF LOVE/GRACIELA ITURBIDE'S MEXICO

MINNEAPOLIS INSTITUTE OF ART

Born in St. Paul, raised in Roseville, and educated at Ohio University, documentary photographer Carolyn "Meadow" Muska lost her job in photojournalism due to anti-LGBTQ employee practices in the 1970s. After becoming an electrician and construction manager, she founded Minnesota Women in the Trades, a labor organization devoted to racial and gender equality. She took photographs, amassing an extraordinary body of work that focuses on lesbians in the 1970s and '80s who were part of the "women's land" movement in Minnesota and Oregon. Thirty of the photos are on view in this exhibition, which celebrates a potent era in women's history and the pursuit of authentic, individuated lives. Meanwhile, also opening at Mia this day is a visual history of Mexico through the lens of photographer Graciela Iturbide, with 125 photographs from the late 1970s to the present on display. Her perspective encompasses indigenous and Spanish cultures; urban and rural life; human experience; and the plants and animals of her country. The exhibition is organized into eight thematic sections that include the women of Zapotec culture (who celebrate their economic, political, and sexual independence), the lives of the Seri people, the elaborate goat-slaughtering rituals in Oaxaca, and the cacti and birds throughout Mexico. Free. 2400 Third Ave. S., Minneapolis; 612-870-3131. **Both shows run through December 15** —CAMILLE LEFEVRE

SUNDAY 8.18

FILM

SUMMER OUTDOOR FILM FESTIVAL

BRIT'S PUB

Brit's Pub in downtown Minneapolis

is clearing the lawn bowlers from its rooftop greensward for an outdoor movie marathon featuring iconic Brit Harry Potter. Things kick off at 1 p.m. with *Harry Potter and the Sorcerer's Stone*, followed by *Harry Potter and the Chamber of Secrets* at 4 p.m., and ending with *Harry Potter and the Prisoner of Azkaban* at 7:30 p.m. Bring a blanket and order a beer. Drink specials include \$5 pints of Heineken, Strongbow, Amstel Light, and Newcastle, and costumes are encouraged. Visit www.britspub.com for more information. 1 to 10 p.m. Free. 1110 Nicollet Mall, Minneapolis; 612-332-3908. —JESSICA ARMBRUSTER

FESTIVAL

COMO PARK JAPANESE OBON FESTIVAL

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In the Buddhist religion, it is believed that the dead visit the living during Obon. While traditions vary from region to region, many families and communities celebrate through building

altars, performing special dances, bringing favorite food items to the graves of loved ones, and lighting and releasing floating lanterns to help guide the dead. Get a feeling for the holiday this Sunday at Como Park, which will be celebrating with Japanese eats, entertainment, cultural exhibits, martial arts, and demonstrations. The evening culminates in the lighting of the lanterns, a spectacularly gorgeous moment. 3 to 9 p.m. \$3-\$5. 1225 Estabrook Dr., St. Paul; 651-487-8201. —JESSICA ARMBRUSTER

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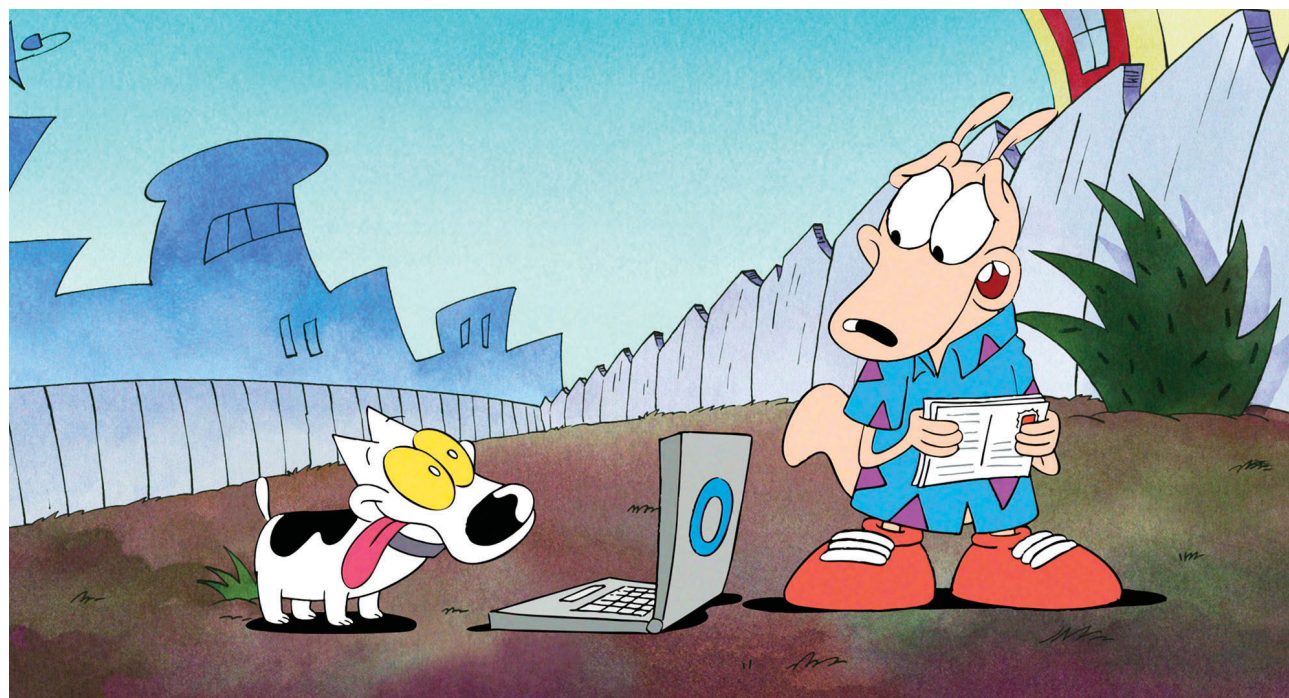
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FILM

AN EXTREMELY MODERN LIFE

Netflix's *Rocko* reboot tackles life in the 21st century



NETFLIX

BY TONY LIBERA

If the return of *Rocko's Modern Life* isn't cause for an obligatory "90s kids, rejoice!" lede, I don't know what is, so... '90s kids, rejoice! Rocko and friends are back, in an all-new Netflix film called *Static Cling*.

The word "film" is used loosely here, as the streaming giant's new release comes in at a brisk 45 minutes and feels more like a pilot than a feature. Those factors might shape your perception going in, but they're otherwise irrelevant. The important thing is that Rocko's homecoming isn't just some soulless nostalgia play; it's every bit as weird, wild, and worth watching as the original TV series.

Static Cling finds Heffer (Tom Kenny), Filburt (Mr. Lawrence), Spunky, and Rocko (both voiced by Carlos Alazraqui) orbiting the earth after accidentally blasting Rocko's house into outer space with a rocket 20 years ago. They've spent the better part of that time watching their favorite show, *The Fatheads*, on a well-worn VHS tape.

"Isn't it great how some things never change?" Rocko says, moments before

the picture goes wonky and the VCR spits out a destroyed cassette. And like a Greek tragedy, so begins the cartoon wallaby's existential crisis.

Their entertainment gone, Heffer gazes out the window at Earth, revealing that the rocket remote has been stuck to his butt this whole time. The gang uses it to fly back to their native O-Town, but things aren't quite how they remember them.

Despite the absurdity that ensues, *Static Cling* isn't escapism. There are plenty of fart jokes and sexual innuendo—and the psychedelic animation for which the show is perhaps best remembered—but by positioning change as the film's central theme and digging at it from contemporary angles, *Static Cling* proves much deeper than you might expect. The TV show was progressive, but this is *Rocko* at its most direct.

There are plenty of jabs at Starbucks, urban sprawl, social media, and the like, but what makes *Static Cling* significant is the story of *Fatheads* creator Ralph Bighead (*Rocko* creator Joe Murray). Rocko has trouble adjusting to all these 21st-century changes, so when he learns

ROCKO'S MODERN LIFE: STATIC CLING

Directed by Joe Murray
Netflix, out now

that *The Fatheads* has been cancelled, he decides to find Ralph and convince him to revive the show. The thing is: Ralph is now Rachel, having transitioned while Rocko was in space. This causes some issues with Rachel's father, Ed Bighead (Charlie Adler), the guy in charge of producing the show.

Static Cling's ultimate thesis is that "Embracing change is the key to happiness," and while I won't reveal the finer details, suffice it to say that it handles transgender subject matter, among other concepts, very well. To embrace change seems like a no-brainer in and of itself, but it carries added weight in a political climate where the word "change" is as synonymous with progressive policies as "Make America Great Again" is with regressive ones. Social commentary in "kids' shows" always rattles the pearl-clutchers, but *Rocko's Modern Life* was never made for them anyway. Clearly, neither was *Static Cling*. 

PICNIC OPERETTA RETURNS

Serving up Mozart with a side of '80s hits



CLARE NIETO

JAY GABLER

Live performance can be unpredictable...especially when your stage is a barnyard. Anna Hashizume vividly remembers a Picnic Operetta performance at a petting farm last year.

"There were a lot of farm animals that were roaming around, and it started raining 10 minutes into our performance. Everyone, audience included, picked up everything and moved into this barn and we finished out the performance there."

Even Shakespeare in the park doesn't entail quite so close an experience with the out-of-doors as Mixed Precipitation's Picnic Operetta, staged in locations ranging from vineyards to community gardens across Minnesota. The 11th annual production, *The Clemency of Tito's Tennis Club*, opens on Thursday at Dodge Nature Center in West St. Paul.

Like past productions, *Clemency* takes a classic opera and gives it an accessible, comedic twist. Producing artistic director Scotty Reynolds said the company has long had Mozart's *La Clemenza di Tito* in their sights. "We like to start with a

really big opera," he says. "*La Clemenza* has a really epic story involving an assassination plot and rivalries in the interior court of the Roman emperor. The stakes are really full of adrenaline."

While Reynolds says that the Picnic Operetta is the first opera-going experience for a sizable portion of its audience, it also attracts seasoned opera lovers who enjoy the company's fresh takes. "When we get the approval of the people who travel to Europe to see operas, that is a certain type of pat on the back," he says.

This year Hashizume, an experienced opera singer, has the prominent role of Sesto. Though the character is male, the mezzo-soprano role is played by women today. "Back in the day," she explains, "when castrati used to roam our world, it was played by a castrato male."

Samples of fresh, locally grown snacks are part of the Picnic Operetta experience. To serve during a moment when Sesto is feeling torn, says Reynolds by way of example, chef "Tracy Yue and I brainstormed foods that might represent conflicting emotions. The metaphor will manifest in sweet-and-sour spiciness. The

THE CLEMENCY OF TITO'S TENNIS CLUB

Various locations

Through September 29; mixedprecipitation.org

test kitchen is still evolving, but a melon ball with some hot pepper spice and cheese has been proposed."

You can count on a few pop songs being thrown into the mix, often Reagan-era radio chestnuts. "We gotta get out of the '80s," Reynolds acknowledges, "but we keep having fun with it." This year's selections will lean New Wave. "We appreciated the challenge of taking something that would be heavy synthesizer and doing it precisely without one."

Setting the story in a tennis club, says Reynolds, allows the company to address themes of "forgiveness and clemency and call-outs and calling in and community healing, reflecting on a culture where we're looking to hold people accountable when they've done something really heinous."

"I believe that opera is music for the people, but unfortunately it has become something that people think is only for rich people," says Hashizume. "I feel like this is bringing opera back to its roots." □

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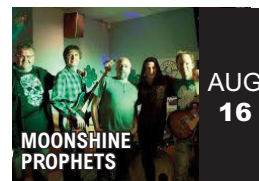


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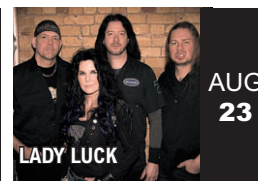
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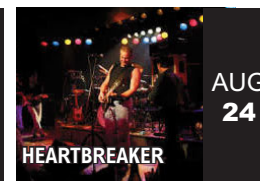
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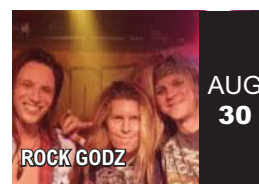
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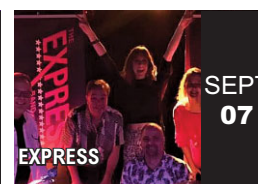
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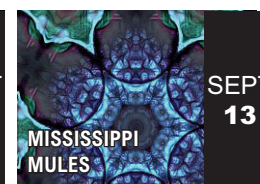
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CHLOE KRENZ

CRY YOURSELF DRY

After the “emotional exorcism” of their new album, *Crying for Fun*, what’s left for Lunch Duchess?

BY JERARD FAGERBERG

Where there’s unhappiness, there is art. This Friday, Lunch Duchess will release their debut album, *Crying for Fun*, a bare-faced gallop through frontwoman Katharine Seggerman’s tremendous internal life that serves up catharsis without a thought to collateral damage. But now Seggerman is wondering: What happens after all your sadness is purged?

“This record, and the way that I’ve been writing pretty much forever, is all emotional exorcism,” Seggerman says. “I write the song, and then I realize what I’m feeling. And maybe I act on it. But unfortunately I’ve been really emotionally stable lately. It’s awful. It’s such a cliché.” It’s hard to say how serious Seggerman is

about this. She does appear happy—even-keeled, at the very least—but conversations with her are unpredictable; she’s simultaneously stone-faced and utterly uninhibited. Maybe it’s the Boston in her veins (Seggerman moved here from Massachusetts in 2013), but she somehow divulges her every insecurity while making you feel like you haven’t gained an inch with her.

Crying for Fun is this paradox manifested as music, a byproduct of her mishap-laden journey to happiness. Seggerman has always used her instinct for self-sabotage as the catalyst for her art—her songs bubble out of the cauldron of her mind, spilling everywhere—but *Crying for Fun* advances the garage-made confessions of Lunch Duchess’ 2016 EP *My Mom Says I Have a Rich Inner Life* into full-on theatrics. The lyrics are completely upfront—yup, she’s singing

about shitting on “Better”—but you still feel like she’s hiding something more in the peppy show-tune embellishments.

Seggerman links *My Mom* with *Crying for Fun* through the opening song, “Cry Pt. II,” a sequel to the EP’s first track that begins “I like crying for fun/I know I said it before/I bet you thought I was done.”

“It’s me turned up to II,” Seggerman says. “That’s just kind of how I deal with stuff. Like, ‘This is extremely painful, but I’m just gonna add a joke at the end.’ Then I can deal with it a little better.”

The dysfunction parades on from there, Seggerman drawing buckets of angst from her longterm off-and-on relationship with her ex. “Lust/Love” is trapped between trying to move on and being petrified of commitment (“Said I was your best, that’s super nice/But I prefer some strife/Is that what I call love?”). “Creepin’” is the doubt-stricken sendoff that comes after the final final try.

“There’s a test you can take online that will tell you your attachment style. I think I took that test somewhere in the middle of writing this record, and I got ‘avoidantly attached,’” she says. “I wouldn’t join any club that would have me—it’s that sort of thing.”

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MUSIC

Though unflinching, Seggerman's lyrics are all retrospective: You're looking at her life through the rearview. The fanciful tryst on "Chicago" has long since lost its novelty. The nightmare evening of "Wisteria Boys" is only a sickening memory. The political disgust of "Body" lives on, but the point of exorcism is that you evict your demons, not that you reconcile with them.

Lunch Duchess has become known for the fact that Seggerman plays drums while singing, like some kind of frank, millennial Levon Helm. In the band's three-year tenure, she's been supported by a cast of friends that's liable to change tour to tour, but Seggerman has always been there, providing the emotional and rhythmic core. After *Crying for Fun*, that all changes.

Founding member Nicky Steves (who moved with Seggerman to Minneapolis back in '13) just left the band for another project. Taking Steves' place is Ranelle LaBiche, Seggerman's former bandmate in Bae Tigre, who will fill in on keys and backing vocals alongside Sam Frederick and Matthew Sandstedt. And Seggerman is handing her drumsticks over to album drummer Jeff Marcovis.

"Drumming and singing is fun, and I feel like I've mastered it, but it's a pain in the butt," she says. "We played this one

acoustic show at the Aster where I didn't drum, and I was like, 'Oh, this is fun.' I can move around the stage, I can connect with people a little more."

Stepping out in front of the drum kit means Seggerman will perform exposed, venting her inner turmoil directly to the audience. But still, she's unafraid. Those things have expired. She's content for maybe the first time in her adult life. So what's the point of hiding?

"I'm in a very happy, stable relationship, which is extremely unusual for me," she says. "It's blowing my mind."

Seggerman also recently started grad school to become a therapist. After years of belting her therapy into a mic in front of local scenesters, she'll soon begin coaching others on how to productively work through traumas. After that, she questions if she'll need music at all.

That's probably dramatic. One good relationship and a positive career prospect probably isn't enough to resolve all that's wrong with your brain chemistry, but Lunch Duchess was born in that nexus of drama and hope. In the band's brief mythos, you're always just one good, big cry from setting yourself right for a while.

Still, Seggerman sounds resolved. "I think I'm out of the doom cloud," she says. ☐

CRITICS' PICKS

BEN FOLDS / VIOLENT FEMMES

SURLY BREWING FESTIVAL FIELD, WEDNESDAY 8.14

Ben Folds writes catchy, whiny songs about slacker disaffection and childhood resentment, set to jaunty vaudeville piano and orchestral brass. Gordon Gano writes whiny, catchy acoustic singalongs about romantic incompetence, performed with disturbingly babyish glee. This double-billed show finds Elvis Costello's two large adult sons discovering a shared family heritage. 18+. 5 p.m. \$49.50. 520 Malcolm Ave. SE; 763-999-4040.—LUCAS FAGEN

NIICE.

7TH ST ENTRY, WEDNESDAY 8.14

The local pop-punks in Niice. careen and bounce with playful good humor designed to hide and ameliorate sadness. Their latest EP, *Never Better*, is both celebratory and dejected, balancing cathartic roars ("Love Handlez," "Blunt Force Marijuana") with quieter laments ("Minneapolis vs. St. Paul: This Time It's Personal"), their musical signature Roddy Gadeberg's vocal swerves between whisper and scream. With 26 Bats!, Infinite Me, and Keep for Cheap. 18+. 7:30 p.m. \$10. 701 First Ave. N; 612-338-8388.—LUCAS FAGEN

LOS LOBOS

ORDWAY CENTER FOR THE PERFORMING ARTS, FRIDAY 8.16

As one of the world's longest-running roots-rock bands, Los Lobos have been developing their curious, recombinant, secretly arty hybrid of blues, country, zydeco, cumbia, and rock and roll for almost a half-century. Split between an acoustic and an electric set, their 45th anniversary show also celebrates their latest album, 2015's *Gates of Gold*. 7:30 p.m. \$48-\$79. 345 Washington St., St. Paul; 651-224-4222.—LUCAS FAGEN

THUNDERPUSSY

TURF CLUB, SATURDAY 8.17

Thunderpussy's hard-rock retro is both meticulous and outrageous, nailing such related genres as the howled love song to a biker girl ("Speed Queen"), the harmonica solo leading into a guitar solo ("Velvet Noose"), the cartoon sex scene ("Utero Tango"), and the self-titled action-movie theme song ("Thunderpussy"). They're currently awaiting a Supreme Court decision on whether they can trademark their name. With Hollis Brown and Seaberg & the Black Velvet Punks. 21+. 7 p.m. \$12/\$15. 1601 University Ave., St. Paul; 651-647-0486.—LUCAS FAGEN



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Friday, August 16 || 8:00 pm
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Saturday Matinee, August 17 || 1:00 pm
KRULL (1983)

Saturday, August 17 || 7:00 pm
**STAR WARS: EPISODE II
ATTACK OF THE CLONES (2002)**

Sunday, August 18 || 2:45 pm
**LAURIE BERKNER &
KOO KOO KANGA ROO**

Sunday, August 18 || 7:00 pm
ORCHESTRAL MANEUVERS IN THE PARK
PRESENTED BY THE MISSISSIPPI VALLEY ORCHESTRA

Wednesday, August 21 || 7:30 pm
THE MOTH STORYSLAM
Theme: "Animals"

Thursday, August 22 || 8:00 pm
THIS IS SPINAL TAP (1984)
PRE-SCREENING MUSIC BY SAINT SMALL

Saturday Matinee, August 24 || 1:00 pm
MR. MOM (1983)

Saturday, August 24 || 7:00 pm
**STAR WARS: EPISODE III
REVENGE OF THE SITH (2005)**

Sunday, August 28 || 7:00 pm
**MIXED COMPANY: COMPOSITION,
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Wednesday, August 14 First Avenue Presents TUXEDO Doors 7pm • Show 7:30pm • All Ages / \$20 General Admission/ \$79 VIP Saturday, August 17 MCMagicConcerts.com Presents MC MAGIC AND LIL ROB Doors 7pm • Show 8pm • All Ages • Standing/ \$25 General Admission/ \$125 Gold VIP Saturday, August 24 AEG Presents THIS MIGHT GET WEIRD Doors 6:30pm • Show 7:30pm • All Ages / Seated \$40.50 General Admission/ \$101 VIP Sunday, August 25 The Cedar Presents AN EVENING WITH ROBBEN FORD Doors 7pm • Show 7:30pm • All Ages / \$35 General Admission/ \$45 Center Section	Friday, August 30 & Saturday, August 31 Produced by Up roar Performing Arts in collaboration with Pangea World MOTHER GOOSE'S BEDTIME STORIES 2 YEAR CELEBRATION! Doors 7pm • Show: 8pm / All Ages / Seated / Sliding Scale: \$10- 35 Wednesday, September 4 The Cedar Presents AN EVENING WITH THE HIGH KINGS Doors 7pm / Show 7:30pm / All Ages / Seated \$22 Advance / \$25 Day of show Thursday, September 5 The Cedar and KFAI Present LAS CAFETERAS <i>with special guest</i> Doors 7pm / Show 7:30pm / All Ages / Standing \$18 Advance / \$20 Day of Show
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MUSIC LISTINGS

WEDNESDAY, AUG. 14

THE ALARM

With Modern English, Jay Aston's Gene Loves Jezebel, and DJ Jake Rudh. 7 p.m. Aug. 14; \$35-\$50. Fine Line Music Cafe, 318 1st Ave. N., Minneapolis; 612-338-8100.

TUXEDO

With DJ Bonics. 7 p.m. Aug. 14; \$20. The Cedar Cultural Center, 416 Cedar Ave. S., Minneapolis; 612-338-2674.

THURSDAY, AUG. 15

DENZEL CURRY

With Allan Kingdom and Deniro Farrar. All ages. 8 p.m. Aug. 15; \$25. First Avenue, 701 1st Ave. N., Minneapolis; 612-338-8388.

PORCUPINE

With Southside Aces. 6 p.m. Aug. 15; free. Mears Park, 221 E. 5th St., St. Paul; 651-632-5111.

FRIDAY, AUG. 16

CHERUBS

With Buildings and Crash Cuddle. 8 p.m. Aug. 16; \$13-\$15. Turf Club, 1601 University Ave. W., St. Paul; 651-647-0486.

SATURDAY, AUG. 17

BIG BAD VODOO DADDY

7 p.m. Aug. 17; \$60-\$80. Dakota, 1010 Nicollet Mall, Minneapolis; 612-332-1010.

GENERATION Z PROJECT

Celebration of hip-hop culture featuring rap performances, DJs, breakdancing, and urban dancing, presented by Asian Media Access. All ages. 6 p.m. Aug. 17; \$15-\$20. Fitzgerald Theater, 10 E. Exchange St., St. Paul; 651-370-2953.

SHAKEY GRAVES AND DR. DOG

With Caroline Rose. 5 p.m. Aug. 17; \$35. Surly Brewing Company, 520 Malcolm Ave. SE, Minneapolis; 763-999-4040.

SUNDAY, AUG. 18

BELL WITCH

With False and Lungs. 7:30 p.m. Aug. 18; \$13-\$15. 7th St. Entry, 701 1st Ave. N., Minneapolis; 612-338-8388.

OVER THE RHINE

7 p.m. Aug. 18; \$40-\$60. Dakota, 1010 Nicollet Mall, Minneapolis; 612-332-1010.

THE BOUNCING SOULS

With the Bronx, Swingin Utters, and the Barstool Preachers. 7 p.m. Aug. 18; \$32-\$45. Varsity Theater, 1308 4th St. SE, Minneapolis; 844-678-5483.

TUESDAY, AUG. 20

DRAB MAJESTY

With Xeno & Oaklander, Body of Light, and DJ Jake Rudh. 7:30 p.m. Aug. 20; \$15-\$30. Fine Line Music Cafe, 318 1st Ave. N., Minneapolis; 612-338-8100.

FLYING LOTUS IN 3D

With Brandon Coleman Spacetalker, Salami Rose Joe Louis, and PBDY. 7:30 p.m. Aug. 20; \$30. First Avenue, 701 1st Ave. N., Minneapolis; 612-338-8388.

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6pm - 9pm

SATURDAY AUGUST 17

THE LONESOME LOSERS

3pm - 7pm

SUNDAY AUGUST 18

GOOD FOR GARY

3pm - 7pm

THURSDAY AUGUST 22

GOOD FOR GARY

6pm - 9pm

SATURDAY AUGUST 24

GB LEIGHTON

4pm - 7pm

SUNDAY AUGUST 25

SUNSHINE COMMITTEE

3pm - 7pm

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♈ ARIES (March 21-April 19): How did sound technicians create the signature roar of the fictional monster Godzilla? They slathered pine-tar resin on a leather glove and stroked it against the strings of a double bass. How about the famous howl of the fictional character Tarzan? Sonic artists blended a hyena's screech played backwards, a dog's growl, a soprano singer's fluttered intonation slowed down, and an actor's yell. Karen O, lead singer of the band Yeah Yeah Yeahs, periodically unleashes very long screams that may make the hair stand up on the back of her listeners' necks. In accordance with astrological omens, I'd love to see you experiment with creating your own personal Yowl or Laugh or Whisper of Power in the coming weeks: a unique sound that would boost your wild confidence and help give you full access to your primal lust for life.

♉ TAURUS (April 20-May 20): "If your dreams do not scare you, they are not big enough," said Ellen Johnson Sirleaf, ex-President of Liberia. In accordance with astrological imperatives, I propose that we make that your watchword for the foreseeable future. From what I can tell, you're due to upgrade your long-term goals. You have the courage and vision necessary to dare yourself toward an even more fulfilling destiny than you've been willing or ready to imagine up until now.

♊ GEMINI (May 21-June 20): How did our ancestors ever figure out that the calendula flower can be used as healing medicine for irritated and inflamed skin? It must have been a very long process of trial and error. (Or did the plant somehow "communicate" to indigenous herbalists, informing them of its use?) In any case, this curative herb is only one of hundreds of plants that people somehow came to adjudge as having healing properties. "Miraculous" is not too strong a word to describe such discoveries. According to my analysis of the astrological omens, Gemini, you now have the patience and perspicacity to engage in a comparable process: to find useful resources through experiment and close observation—with a hardy assist from your intuition.

♋ CANCER (June 21-July 22): Today the city of Timbuktu in Mali is poor and in the throes of desertification. But from the fourteenth to seventeenth centuries, it was one of the great cultural centers of the world. Its libraries filled up with thousands of influential books, which remained intact until fairly recently. In 2012, Al-Qaeda jihadists conceived a plan to destroy the vast trove of learning and scholarship. One man foiled them. Abba al-Hadi, an illiterate guard who had worked at one of the libraries, smuggled out many of the books in empty rice sacks. By the time the jihadists started burning, most of the treasure had been relocated. I don't think the problem in your sphere is anywhere near as dire as this, Cancerian. But I do hope you will be proactive about saving and preserving valuable resources before they're at risk of being diluted, compromised, or neglected.

♌ LEO (July 23-Aug. 22): Moray eels have two sets of jaws. The front set does their chewing. The second set, normally located behind the first, can be launched forward to snag prey they want to eat. In invoking this aggressive strategy to serve as a metaphor for you in the coming weeks, I want to suggest that you be very dynamic and enterprising as you go after what you want and need. Don't be rude and invasive, of course, but consider the possibility of being audacious and zealous.

♍ VIRGO (Aug. 23-Sept. 22): It's relatively rare, but now and then people receive money or gifts from donors they don't know. Relatives they've never met may bequeath them diamond tiaras or alpaca farms or bundles of cash. I don't think that's exactly what will occur for you in the coming weeks, but I do suspect that you'll garner blessings or help from unexpected sources. To help ensure the best possible versions of these acts of grace, I suggest that you be as generous as possible in the kindness and attention you offer. Remember this verse from the Bible: "Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."

♎ LIBRA (Sept. 23-Oct. 22): Libra-born Ronald McNair was an African American who grew up in a racist town in South Carolina in the 1950s. The bigotry cramped his freedom, but he rebelled. When he was nine years old, he refused to leave a segregated library, which prompted authorities to summon the police. Years later, McNair earned a PhD in Physics from MIT and became renowned for his research on laser physics. Eventually, NASA chose him to be an astronaut from a pool of 10,000 candidates. That library in South Carolina? It's now named after him. I suspect that you, too, will soon receive some vindication, Libra: a reward or blessing or consecration that will reconfigure your past.

♏ SCORPIO (Oct. 23-Nov. 21): Scorpio author Zadie Smith wrote, "In the end, your past is not my past and your truth is not my truth and your solution—is not my solution." I think it will be perfectly fine if sometime soon you speak those words to a person you care about. In delivering such a message, you won't be angry or dismissive. Rather, you will be establishing good boundaries between you and your ally; you will be acknowledging the fact that the two of you are different people with different approaches to life. And I bet that will ultimately make you closer.

♐ SAGITTARIUS (Nov. 22-Dec. 21): "Nothing fruitful ever comes when plants are forced to flower in the wrong season," wrote author and activist Bette Lord. That's not entirely true. For example, skilled and meticulous gardeners can compel tulip and hyacinth bulbs to flower before they would naturally be able to. But as a metaphor, Lord's insight is largely accurate. And I think you'll be wise to keep it in mind during the coming weeks. So my advice is: Don't try to make people and processes ripen before they are ready. But here's a caveat: You might have modest success working to render them a bit more ready.

♑ CAPRICORN (Dec. 22-Jan. 19): "For though we often need to be restored to the small, concrete, limited, and certain, we as often need to be reminded of the large, vague, unlimited, unknown," Poet A. R. Ammons formulated that shiny burst of wisdom, and now I'm passing it on to you. As I think you know, you tend to have more skill at and a greater inclination toward the small, concrete, limited, and certain. That's why, in my opinion, it's rejuvenating for you to periodically exult in and explore what's large, vague, unlimited, unknown. Now is one of those times.

♒ AQUARIUS (Jan. 20-Feb. 18): "Look into my eyes. Kiss me, and you will see how important I am." Poet Sylvia Plath wrote that, and now, in accordance with astrological omens, I'm authorizing you to say something similar to anyone who is interested in you but would benefit from gazing more deeply into your soul and entering into a more profound relationship with your mysteries. In other words, you have cosmic permission to be more forthcoming in showing people your beauty and value.

♓ PISCES (Feb. 19-March 20): In his *Anti-Memoirs*, author André Malraux quotes a tough-minded priest who served in the French Resistance during World War II. He spent his adult life hearing his parishioners' confessions. "The fundamental fact is that there's no such thing as a grown-up person," the priest declared. Even if that's mostly true, Pisces, my sense is that it is less true about you right now than it has ever been. In the past months, you have been doing good work to become more of a fully realized version of yourself. I expect that the deepening and maturation process is reaching a culmination. Don't underestimate your success! Celebrate it!

CROSSWORD

1	2	3	4			5	6	7	8		9	10	11	12
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66					67						68			

UNDER THE BORED WALK

BY BRENDAN EMMETT QUIGLEY

Across

- 1 Vans alternative
- 5 Chill (with)
- 9 Marries
- 13 Like colcannon or boxty
- 15 Lab technician who had a hunch
- 16 64-Across partner
- 17 Oceanfront that's just an illusion?
- 19 Big name in cat food
- 20 Soldier with six legs
- 21 Strand in biology class
- 22 One of the Robbies on the soccer radio show "The 2 Robbies"
- 24 Bullshit
- 25 Literally the least interesting hill of sand?
- 29 New England fish
- 31 Parts of some windows
- 32 The Dream, on WNBA scoreboards
- 33 Memoji platform
- 35 Padre's hermana
- 36 Power provider: Abbr.
- 37 Really boring day where you wanted to go swimming, but couldn't?

- 41 Raw on the barbecue
- 42 Hot shot
- 43 Finished
- 44 Morning times
- 45 Wolfed down
- 47 Thieves's hangouts
- 51 Like a spot where you can't really go fishing?
- 54 Modern start

- 55 Long hikes
- 56 Nittany Lions' sch.
- 57 Old saying
- 58 Fringe-___ lizard
- 59 Totally, whatever place to go swimming?
- 63 Rare blood type: Abbr.
- 64 16-Across partner
- 65 He's got a certain gift
- 66 Jump in a tutu
- 67 Marriage proof
- 68 Staycation goal

Down

- 1 Times you might bring your own crib
- 2 Like a lot of '90s humor
- 3 Trash
- 4 Pompous wit
- 5 Parts of some drum kits
- 6 Long ___
- 7 Boolean operator
- 8 Location of the world's largest national park
- 9 "That was unexpected"
- 10 Assess
- 11 Ronald Reagan and Margaret Thatcher had it
- 12 Most college essay writers, briefly
- 14 One who's always thinking about doing it
- 18 ___-Caps
- 23 Sessions and Barr: Abbr.
- 26 "Let's talk sometime"
- 27 Court bad boy Nastase

- 28 Peel back?
- 30 Swine whine
- 34 Measure of progress at the bottom of a computer window
- 36 Meat inspection org.
- 37 Coupon stipulation
- 38 Type of parking
- 39 Founder of Rhyme Syndicate Records
- 40 Relaxing spa offerings
- 41 Hyena's mitt
- 45 Just fine
- 46 ___ hot
- 48 Bonkers
- 49 Doesn't just sit there
- 50 "Yeah, and?"
- 52 Have second thoughts
- 53 Laptop key
- 58 ___ Mahotsav (annual festival in Agra)
- 60 Jungle cuckoo
- 61 Labor day figure?
- 62 Swab target

Last Week's Answer

G	M	A	T	S	S	C	A	B	L	A	B	S
O	U	T	R	E	E	C	C	O	A	B	I	T
O	C	H	O	A	E	C	H	O	C	B	E	R
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R	I	A	L		U	S	E	R		L	I	S
B	O	N	E		S	K	Y	E		S	E	E

331club

wed : august 14

7pm : "kfai house party presents"

rich lewis band

9:30pm : amy abts and the transcranials, maddy siiter, psychic dna

thu : aug 15

9:30pm : cross pollination with amanda standalone, jim stapley

fri : aug 16

7pm : laura and sean's movie and music trivia

10pm : black swift, good saint nathanael, valet

sat : aug 17

7pm : trivia mafia presents

331 drinkin' spelling bee tickets

10pm : muun bato, services, bent antenna

sun : aug 18

3-5pm : rezo city: resonator guitar player series featuring: adam kiesling

8pm : trivia mafia

mon : aug 19

8pm : the roe family singers

10pm : doug otto and friends

tue : aug 20

7-9pm : t.e.e. – tuesday, early evening. todd clouser

9:30pm : 331 club and fair state brewing cooperative present august conspiracy series featuring linus w/the ri

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5:30PM DOOR • HALL STAGE

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Northlane

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ADV \$18/ DOS \$22 • 16+

TUESDAY AUGUST 27

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SAVAGE LOVE

Shrinkage

Why am I getting smaller down there?

I'm an otherwise healthy male of 54. When I was a teen, my cock measured about 6 1/2 inches. Not small, not huge, pretty average. I never kept track of the situation down south, but suddenly I find my junk reports in at just over 4 inches. WTF? Is this normal? Do men lose size/girth as they age? I'm single, and suddenly I'm afraid to be intimate with women I formerly would have embraced. My confidence is at an all-time low. I'm afraid to ask anyone out for fear of "exposing" the evidence. I assume there are no pills for this, but please tell me there are options.



Dan Savage

SHRINKING IN SEATTLE

"We have to make a distinction between observed penile length and actual penile length," said Dr. Ashley Winter, a board-certified urologist in Portland, Oregon. "Penis length changes in real time based on a number of factors, factors that include level of arousal, stress, and ambient temperature. For this reason, researchers like to limit variability by measuring the 'stretched flaccid length' in a warm room."

Needless to say, most men aren't observing their dicks when they're soft.

"We know that almost ZERO home dick measurements are done in the flaccid state," said Dr. Winter. "But unless SIS jotted down the room temp or precise level of arousal when he measured his teenage penis, it's unlikely he's comparing apples to apples. Another issue—and a far less appreciated one—is that the penis is anchored to the undersurface of your pelvic bones, so nearly one-half of the average penis length is 'hidden' along the undersurface of the pelvis."

There's a very special tendon—the suspensory ligament—that runs from the base of your penis to your pelvis. In addition to providing you with some degree of control when you're erect, SIS, the suspensory ligament also holds some of your dick up and inside the body.

"The most dramatic cause of lost 'observed' penile length with aging is weight gain," said Dr. Winter. "As the average guy gains weight, more of his fixed penile length gets hidden, as the crucial sit-bone-to-skin distance gets longer."

So your dick may not be any smaller than it was in your teens, SIS; it's just that more of it may be hidden inside your now-middle-aged body thanks to weight gain and that damn ligament.

But let's say you're no thicker today than you were in your teens and that your arousal levels are constant and that you've kept your apartment at a constant temperature.

"The main causes of actual penis shrinkage are having your prostate removed, Peyronie's disease (plaque development

that narrows or bends the penis), or the scarring of erectile tissue, something called corporal fibrosis. SIS would know if he'd had prostate surgery, and he would have a noticeable 'lump' or change in erection shape if he had Peyronie's. So the main concern here is corporal fibrosis. It can be insidious and is usually associated with conditions that make blood vessels unhealthy—like high blood pressure, high cholesterol, and diabetes. SIS says he's healthy, but the penis is often the first body part to manifest signs of the above conditions because it is so dynamic. Which means the penis, wonderfully and tragically, is often the 'canary in the coal mine' for cardiovascular health."

Let's say your canary is shrinking, SIS. What can you do about it?

"First and foremost, he should realize that far less women would care about his penis length than he does," said Dr. Winter. "Studies including 52,000 individuals showed that 85 percent of women were satisfied with their partners' penile length, while only 55 percent of men were satisfied with their own length."

And unlike you, SIS, the women you sleep with today aren't going to be comparing the dick you've got now with the dick you had (or thought you had) then.

"But if SIS wants to maximize his 'observed' penile length, he should shed extra weight—if he's overweight—and should also check in with his doc for a test of his cholesterol, blood pressure, and a diabetes screen," said Dr. Winter. "Regular erections do help keep the penis healthy, so if he has some ED, a Viagra (or similar med) can preserve length."

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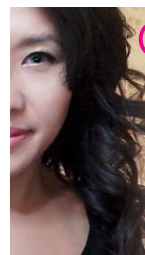
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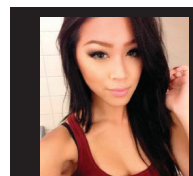
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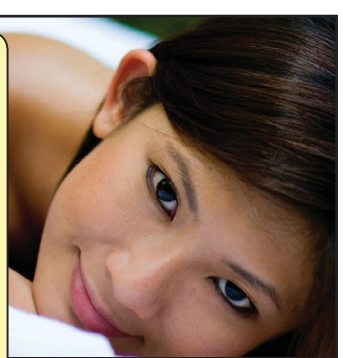
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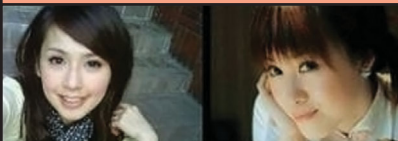
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